

*The*

**RUSSELL**



# WELCOME TO NASHVILLE

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Thank you for choosing The Russell for your stay in Music City! Whether you are here on business or for pleasure—our goal is to provide you with the most comfortable and enjoyable experience possible.

The team at Mission Hotels is here to help manage your stay. If you have any questions or are less than satisfied with any part of your experience, please contact us right away so we can assist in remedying the situation!

The contact information for The Russell is:

phone / **615.861.9535**

email / **manager@russellnashville.com**

website / **www.russellnashville.com**

Our five-star rating is very important to us, and we appreciate the opinions of our guests. If you were happy with your stay, please leave us a review on the website you used when booking your room. If you are less than satisfied, get in contact with us right away so we can make it right. Don't leave a problem unsolved—we're here for you!



# GIVING BACK

## ROOMS FOR ROOMS

For over 100 years, this building has served the East Nashville community by providing refuge, safety, and belonging to people in need. We love this legacy and believe in paying it forward.

That's why we have decided to expand our Rooms for Rooms program to The Russell. **We give away a generous percentage of each night's stay to local nonprofits who are helping those experiencing homelessness here in Nashville.** All of these organizations love Nashville's homeless community by providing a safe place to find relief, resources, and the support of a community.

The average weekend stay provides one of the following options:

**16 nights in a bed**

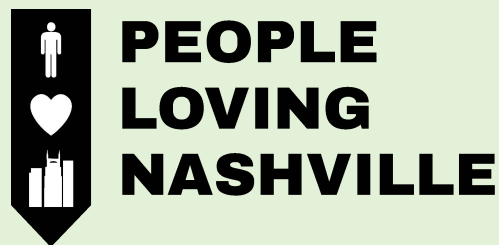
**100 free showers**

**30 free meals**

None of this would be possible without our guests so thank you for giving us the ability to do this!



ShowerGrace ● ShowerHope ● ShowerLove



# CONNECT WITH US

## #RUSSELLNASHVILLE



INSTAGRAM  
@RussellNashville



FACEBOOK  
The Russell

# DISCOVER NASHVILLE

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# MAKE SOME MEMORIES

Part of the fun of being in a different city is going without an itinerary and making it up as you go! This book contains detailed lists of places to eat, things to see, and experiences to try in downtown Nashville and several nearby neighborhoods. Since something new and interesting happens every day in Nashville, we couldn't possibly list it all!

Here are some of the best websites to help you find your next spontaneous adventure:

[www.nashvilleguru.com](http://www.nashvilleguru.com)

[www.nowplayingnashville.com](http://www.nowplayingnashville.com)

[www.nashvillescene.com/calendar](http://www.nashvillescene.com/calendar)

## NEARBY CONVENIENCES

The nearest grocery store, **The Turnip Truck**, is just a couple of blocks away! Simply turn left on South 9th Street then left on Woodland Street. The market is on the right about a block away. They are open Monday-Saturday from 7 am until 9 pm and Sunday from 8 am until 8 pm. If you stay on South 9th Street and turn left on Main Street, you'll easily come to **Weiss Liquors** offering a variety of wines and spirits. And by turning right on Main Street, you can visit **The Filling Station** where you can find several varieties of beers, lagers, and ales. About a mile past The Filling Station is a **Kroger Supermarket** that is open daily from 7 am to 10 pm.

If you will need laundry services during your stay, the nearest laundromat is about 2 miles away. It is called **Soap Opry Coin Laundry** and is open daily from 7am-9pm.

## GETTING AROUND TOWN

### UBER & LYFT

Both of these ride-sharing companies have a strong presence in Nashville. Whether it is midday or midnight, just open your UBER or LYFT app on your smartphone and a ride will appear within minutes.

### ELECTRIC SCOOTER RENTALS

Mobile apps that give you access to shared personal electric scooters that can be picked up and dropped off anywhere in Nashville. Simply download the app, find a scooter near you, and start riding! Participating companies: Bird, Lime, and Spin.

### MTA/WEGO BUSES

The MTA (Metro Transit Authority) WeGo Buses run all over Metro Nashville and even some surrounding counties. Very reasonable fares and the wide range of routes make the bus a cheap and easily navigable choice for visitors. Visit their website for information on fares and routes: [www.wegotransit.com](http://www.wegotransit.com)

### NASHVILLE B-CYCLE

Nashville's bicycle sharing program has been a huge success with locals and tourists. Simply walk up to any Nashville B-Cycle station, swipe your credit card and pick out your bike! With rates starting at \$5 for the first hour, why not give it a try? When you're finished riding, just return the bike to the nearest station—there are 31 scattered throughout the city. Learn more at [nashville.bcycle.com](http://nashville.bcycle.com)

# EAST NASH VILLE

The always growing, thriving, eclectic, historic, and hip East Nashville has become one of the city's most-desired areas to live and play. Its low-key vibe and neighborly personality make this community a great place to escape without leaving town. As *Budget Travel Magazine* calls Historic East Nashville "Nashville's version of New York's East Village," East Nashville has attracted many musicians and visual artists to the neighborhood. Mingle with the patrons of the local hangouts and you're bound to meet more than a few musicians and songwriters.

# WHERE TO EAT

## THE PHARMACY / \$\$

731 McFerrin Ave, Nashville, TN 37206  
T: 615.712.9517  
H: Sun-Thur: 11am-9:30pm  
thepharmacynashville.com

The Pharmacy Burger Parlor & Beer Garden offers a creative selection of burgers & sausages along with an old-time soda fountain & a large outdoor patio! They use 100% Tennessee-raised beef to create legendary burgers and 100% pure cane sugar in the soda. Plus, an extensive beer selection, of course!

## SKY BLUE CAFE / \$\$

700 Fatherland Street, Nashville, TN 37206  
T: 615.770.7097  
H: Thur-Mon: 8am-2pm  
skybluecoffee.com

Colorful diner featuring a delicious breakfast menu, local coffee, & baked goods! It is a small restaurant so be sure to get there early if you go on a weekend, as there is usually a wait!

## MARGOT CAFÉ & BAR / \$\$\$

1017 Woodland Street, Nashville, TN 37206  
T: 615.227.4668  
H: Wed-Thur & Sun: 5pm-9pm; Fri-Sat: 5pm-10pm  
margotcafe.com

Margot Café & Bar is a casual, fine dining restaurant located at "Five Points" in Historic East Nashville offering rustic French and Italian cuisine with an emphasis on the regions of Provence and Tuscany. The menu changes daily but the foundation remains constant with six appetizer choices, seven entrees, and five desserts.

## HAWKERS / \$\$

626A Main Street, Nashville, TN 37206  
T: 615.600.4762  
H: Sun-Wed: 11am-10pm; Thur-Sat: 11am-12am  
eathawkers.com

Delicious Asian street food with a twist in a fun and lively atmosphere! The food menu covers everything from Malaysian roti, dim sum, Korean wings, pad Thai, specialty cocktails and more!

## FIVE POINTS PIZZA / \$\$

1012 Woodland Street, Nashville, TN 37206  
T: 615.915.4174  
H: Sun-Thur: 11am-10pm; Fri-Sat: 11am-11pm  
fivepointspizza.com

Some of the best pizza in Nashville! Simple spot with craft beers on tap & New York-style pizzas made to order or by the slice.

## JOYLAND / \$\$

901 Woodland Street, Nashville, TN 37206  
T: 615.922.4934  
H: Mon-Thur: 8am-10pm; Fri: 8am-2am; Sat: 9am-2am; Sun: 9am-10pm  
eatjoyland.com

Counter-serve spot fixing up burgers, fried chicken & other comfort food. Served like fast food but with high quality, farm fresh ingredients. A fun new concept created by James Beard award-winning chef, Sean Brock.

## PENINSULA / \$\$

1035 West Eastland Ave, Nashville, TN 37206  
T: 615.679.0377  
H: Tue-Sat: 5pm-10pm  
peninsulanashville.com

This cozy East Nashville bistro serves a rotating menu of Spanish, Portuguese, and Southern French small plates and mains, plus a European-focused wine list and multiple takes on the gin and tonic.

## HUNTERS STATION / \$

975 Main Street, Nashville, TN 37206  
T: 615.610.3396  
H: Mon-Sun: 11am-9pm  
huntersstation.com

This up-scale take on a food court houses 6 popular fast-casual eateries, a full bar, a marketplace stocked with Nashville-made goods, and a culinary co-working space. Hunters Station is a great place to grab lunch or dinner and features a large outdoor patio as well!

## THE WILD COW / \$\$

1896 Eastland Ave, Nashville, TN 37206  
T: 615.262.2717  
H: Sun-Thur: 11am-9pm; Fri-Sat: 11am-10pm  
thewildcow.com

The Wild Cow serves delicious vegetarian & vegan fare in a fun, casual environment in the heart of East Nashville.

## EDLEY'S BBQ / \$\$

908 Main Street, Nashville, TN 37206  
T: 615.873.4085  
H: Sun-Thur: 11am-9pm; Fri-Sat: 11am-10pm  
edlysbbq.com

Edly's BBQ features Hickory Smoked BBQ - Brisket, Pork, Chicken, Sausage, Ribs and delicious sides. They have local beers on tap, a full liquor bar, tv's, and large outdoor patio. Their brisket tacos are a crowd favorite!

## BUTCHER & BEE / \$\$

902 Main Street, Nashville, TN 37206  
T: 615.226.3322  
H: Sun: 10am-2pm & 5pm-9:30pm; Mon-Thur: 5pm-9:30pm; Fri: 11am-2pm & 5pm-10pm; Sat: 10am-2pm & 5pm-10pm  
butcherandbee.com

Hip restaurant offering a rotating menu of inventive, seasonal cuisine! Each dish is made with fresh ingredients brought to you from local farmers who produce spectacular flavors. Be sure to try the whipped feta appetizer!

## SNOOZE AM EATERY / \$\$

969 Main Street, Nashville, TN 37206  
T: 615.314.5600  
H: Mon-Fri: 6:30am-2:30pm; Sat-Sun: 6:30am-4pm  
snoozeeatery.com

This vibrant, retro eatery is a go-to stop for brunch and breakfast in East Nashville. Their large outdoor patio has its own bar and plenty of green space. Whether you're sipping a brunch cocktail outside or enjoying breakfast in the dining room, you can expect a welcoming environment and delicious breakfast dishes (that are made with responsibly sourced ingredients & creative twists!)

## DUKES / \$

1000 Main Street, Nashville, TN 37206  
H: Mon-Sun: 12pm-3am  
dukesbarnashville.com

This neighborhood bar offers deli sandwiches that are better than you'd expect, drinks that are cheaper than you'd expect, and tunes for everyone!



## DINO'S / \$

411 Gallatin Ave, Nashville, TN 37206  
T: 615.226.3566  
H: Mon-Fri: 5pm-3am; Sat-Sun: 12pm-3am  
dinonashville.com

An old-school operation serving up straightforward burgers, fries, and beer in an easygoing setting. Known across the country for the "Dino's cheeseburger," Dino's was voted Top 3 Burgers in the country by Bon Appetit Magazine and visited by the one and only Anthony Bourdain for his "Parts Unknown" show in 2016. Dino's is a classic and not one to miss on your next visit to East Nashville!

## ROSEPEPPER / \$\$

1907 Eastland Ave, Nashville, TN 37206  
T: 615.227.4777  
H: 11am-9:30pm  
rosepepper.com

Specializing in Sonoran Style Mexican cuisine, Rosepepper is known for their creative margarita variations, Mexican fusion dishes, fun atmosphere, and festive patio.

# COFFEE SHOPS & DESSERT STOPS

## BARISTA PARLOR / \$\$

519 Gallatin Ave, Nashville, TN 37206  
T: 615.712.9766  
H: 7am-6pm  
baristaparlor.com

The original Barista Parlor that started it all, located in East Nashville, resides in an old transmission shop converted into a wonderful coffeehouse for art and commerce to meet. They serve hot drinks, desserts, and breakfast items daily.

## JENI'S ICE CREAM / \$\$

1892 Eastland Ave, Nashville, TN 37206  
T: 615.262.8611  
H: Sun-Thur: 12pm-11pm; Fri-Sat: 12pm-12am  
jenis.com

Jeni's serves famous ice cream with smooth texture, buttercream body, bright flavor, and clean finish. No artificial colors or flavoring! Simply delicious!

# THINGS TO DO / BARS, BREWERIES & MORE

## NOBEL'S

974 Main Street, Nashville, TN 37206  
H: 11am-2:30am

Lively 2 story beer hall with delicious pub food, TVs, games, and ample indoor/outdoor seating! Great place to watch the game with friends!

## 3 CROW BAR

1024 Woodland Street, Nashville, TN 37206  
H: 11am-3am

A lively East Nashville spot for drinks, trivia nights, happy hour specials & upscale American pub grub.

## ATTABOY

8 McFerrin Ave, Nashville, TN 37206  
H: 5pm-3am

Hip speakeasy serving off-menu craft cocktails with unique ingredients in dimly lit, trendy digs. (Knock upon arrival and someone will come greet you.)

## MAS TACOS POR FAVOR / \$

732 McFerrin Ave, Nashville, TN 37206  
T: 615.543.6271  
H: Tue-Fri: 11am-9pm; Sat: 10am-9pm

Mas Tacos Por Favor started in a 1974 Winnebago and has since become one of Nashville's favorite eateries, known and loved for serving scratch-made Mexican cuisine and margaritas.

## LOCKELAND TABLE / \$\$

1520 Woodland Street, Nashville, TN 37206  
T: 615.228.4864  
H: Mon-Wed: 4pm-9pm; Thur-Sat: 4pm-10pm  
lockelandtable.com

Lockeland Table's rustic, rehabbed storefront is the perfect setting for their Southern-accented American grub & wood-fired pizzas. The dishes are identifiable to the food we loved growing up, but crafted into an exquisite and delightful experience far from most mothers' kitchen tables.

## YEAST NASHVILLE / \$\$

805 Woodland Street, Nashville, TN 37206  
T: 615.330.7521  
H: Wed-Sun: 7am-12pm  
yeastnashville.com

Coffee & breakfast bites round out the menu at this rustic, award winning bakery known for its Tex-Czech kolaches. In addition to kolaches, Yeast Nashville offers other savory and sweet baked goodies, breakfast tacos, Drew's Brews Coffee, High Garden Tea, and free wi-fi.

## EAST PARK DONUTS / \$\$

700 Woodland Street, Nashville, TN 37206  
T: 629.702.6939  
H: Mon-Fri: 6:30am-5:00 pm; Sat-Sun: 7:30am-4:00pm  
eastparkdonutsandcoffee.com

East Park Donuts is known for their amazing brioche & cake donuts, hand crafted espresso & coffee, and delicious breakfast items!

## UP DOWN

927 Woodland Street, Nashville, TN 37206  
H: Mon-Fri: 3pm-3am; Sat-Sun: 11am-3am

This two story arcade bar features more than 80 arcade games, pinball machines, classic skee-ball alleys, Nintendo 64, life-size Jenga and Connect-Four, and a large rooftop patio with a view of the city! Their menu includes an extensive craft beer selection with over 60 beers on tap, bottles and cans, a curated cocktail menu, and house-made pizza by the slice.

## SMITH & LENTZ BREWING CO

903 Main Street, Nashville, TN 37206  
H: Mon-Thur: 3pm-10pm; Fri-Sat: 12pm-10pm; Sun: 3pm-9pm

Smith & Lentz is a small, independent craft brewery and pizza joint in East Nashville with a focus on lagers (especially pilsners) and hop-driven IPA's. Their kitchen crew slings awesome, large pizzas from a wood fired oven, fresh salads, and dishes using seasonal, local ingredients. Enjoy a beer and a bite in the outdoor beer garden or spacious interior. They also offer a rotating selection of 2-3 natural wines by the glass!

## OLIVE & SINCLAIR CHOCOLATE CO

1628 Fatherland St, Nashville, TN 37206  
H: Mon: 10am-3pm; Tue-Sat: 10am-5pm

Take a factory tour and walk through the process of making bean-to-bar chocolate. You'll roast and taste your way through the process using antique melangers (stone mills) and share the story of Olive & Sinclair. By the end, you'll have a good taste of what it feels (and smells) like to be a Southern artisan chocolate maker—and don't worry, you get plenty of samples along the way!

## VINYL TAP

2038 Greenwood Ave, Nashville, TN 37206  
H: Mon-Tue: 3pm-10pm; Wed-Thur: 12pm-12am; Fri-Sat: 12pm-1am;  
Sun: 12pm-11pm

Vinyl Tap is part draft house lounge and part record store that offers a casual environment with a living room vibe, where customers can settle in to enjoy music, beer, and friends.

## SOUTHERN GRIST BREWERY

745 Douglas Ave., Nashville, TN 37207  
H: Mon-Thur: 11am-10pm; Fri-Sat: 11am-11pm; Sun: 11am-8pm

Southern Grist Brewing Company is a neighborhood brewery and taproom with 40 beer taps offering craft beers, 2 large patios, multiple TVs, 4 packs to-go, and more! They also have an internationally inspired rotating menu with shareable apps and a few larger dishes as well.

## ROSEMARY BEAUTY QUEEN

1102 Forrest Ave, Nashville, TN 372067  
H: Mon-Thur: 4pm-2am; Fri: 3pm-2am; Sat: 12pm-2am; Sun: 12pm-2am  
Hip and moody cocktail bar in a beautifully renovated historic home. This bar features a kitchen with delicious bites, brunch on Saturday & Sunday, a large two-level patio, swing seating at the upstairs patio bar, and a DJ that performs a few nights a week!

## TAILGATE EAST

811 Gallatin Avenue, Nashville, TN 37206  
H: Sun-Thur: 11am-10pm, Fri-Sat: 11am-11pm

Based in West Nashville, TN, TailGate Brewery has 6 locations in the Nashville/ surrounding area! Each location offers something a little different! The East Nashville location houses their wild fermentation projects, an intimate taproom, and made from scratch pizzas! Find exclusive East-Nash beers on draft and a limited quantity of bottled beer as well.

## FIVE POINTS

The Five Points area is located along Woodland Street east of the Cumberland River and marks the heart of super-hip East Nashville, where the historic neighborhoods are in the midst of a renaissance. Within a small, walkable distance are some great local businesses and stores.

## WALK EAT NASHVILLE

walkeatnashville.com  
You'll savor tastings at five to six restaurants and specialty food shops and enjoy interactions with local chefs and owners. Between bites, you'll stroll through one of Nashville's oldest neighborhoods filled with architectural gems and historic landmarks.

## THE SHOPPES ON FATHERLAND

1006 Fatherland St, Nashville, TN 37206  
H: Mon-Sat: 10am-6pm; Sun: 11am-5pm  
Cool collection of local shops offering clothing, gifts, specialty foods & salon services. See the list of shops at [www.fatherlanddistrict.com](http://www.fatherlanddistrict.com).

# HOW TO GET THERE

WALK OR UBER / approximately \$5

# DOWN TOWN

Listed as a must-visit city by Travel & Leisure Magazine and one of the top places to visit by Conde Nast, downtown Nashville attracts tourists from around the world as well as residents from down the street with its wide variety of restaurants, entertainment, live music, sports and sights.

# WHERE TO EAT

## MERCHANTS / \$\$

401 Broadway, Nashville, TN 37203  
T: 615.254.1892

H: Bistro: 11am-11pm; 2nd Floor: 5pm-10pm  
merchantsrestaurant.com

The first floor bistro with its black and white theme features a lively atmosphere and casual cuisine. The second floor offers finer fare and a more intimate feel. The third floor is reserved for special events.

## ETCH / \$\$\$

303 Demonbreun St, Nashville, TN 37201  
T: 615.522.0685

H: Mon-Thur: 11am-2pm; 5pm-10pm; Fri: 11am-2pm; 5pm-10:30pm; Sat: 5pm-10:30pm  
etchrestaurant.com

A top tier restaurant from award-winning Chef Deb Paquette, which offers innovative dishes and globally-inspired cuisine.

## ASSEMBLY FOOD HALL / \$-\$\$

5055 Broadway, Nashville, TN 37203  
T: 615.800.5395

H: Sun-Thur: 9am-9pm; Fri-Sat: 9am-12am  
assemblyfoodhall.com

A multi-level, culinary and entertainment destination (located inside of Fifth + Broadway) that offers 30+ local restaurants and bars, Nashville's largest rooftop, and 3 stages all under one roof! Their extensive food offerings feature tacos, Italian, sushi, donuts, ice cream, sandwiches, Thai food, burgers, Indian food, and much more!

## PUCKETT'S GROCERY / \$\$

500 Church St, Nashville, TN 37203  
T: 615.770.2772

H: Sun-Thur: 7am-10pm; Fri-Sat: 7am-11pm  
puckettsgro.com

Southern bar & grill with comfort food classics and a stage for live music acts.

## CHURCH & UNION / \$\$

201 4th Ave. N Suite 101, Nashville, TN 37219  
T: 615.864.0977

H: Mon-Wed: 11am-12am; Thur: 11am-2am; Fri-Sat: 10am-3am;  
Sun: 10am-12am  
churchandunionnashville.com

Industrial-chic dining experience with a sophisticated ambiance offering wines, cocktails & choice dishes made with locally sourced ingredients.

## HOUSE OF CARDS / \$\$\$

119 3rd Ave S (Lower Level), Nashville, TN 37201  
T: 615.730.8326

H: Mon-Thur: 6pm-12am; Fri-Sat: 5pm-12am; Sun: 10am-3pm & 5pm-12am;  
hocnashville.com

House of Cards is a 21+ magic-themed, dining & entertainment experience with speakeasy vibes, classic American cuisine and hand-crafted cocktails. This

# COFFEE SHOPS

## FROTHY MONKEY / \$\$

235 Rep. John Lewis Way, Nashville, TN 37219  
T: 615.600.4756

H: 7am-3pm  
frothymonkey.com

Frothy Monkey is a local coffeehouse featuring creative folks using local ingredients to prepare original breakfast and lunch dishes served in a cozy and approachable atmosphere.

unique restaurant/venue, located under the Johnny Cash Museum, features live magic performances and a multimillion dollar collection of art & magic-related artifacts.

## THE SOUTHERN STEAK & OYSTER / \$\$

150 3rd Avenue S #110, Nashville, TN 37201  
T: 615.724.1762

H: Mon-Thur: 5-9pm; Fri-Sat: 10am-3pm & 5-10pm; Sun: 10am-3pm & 5-9pm  
thesouthernnashville.com

Featuring a state-of-the-art, shuck-to-order oyster bar, a real woodfired grill, locally-grown produce, deliciously tender meats and directly-sourced, sustainable seafood, The Southern combines indigenous flavors with exotic ingredients to offer an authentically southern experience with a twist.

## THE STILLERY / \$\$

113 2nd Ave N, Nashville, TN 37201  
T: 615.942.8080

H: Sun-Thur: 11am-10pm; Fri-Sat: 11am-11pm  
stillerynashville.com

The Stillery offers amazing mason jar cocktails, burgers & brick-oven pizza in a modern space with live music on weekends. They also have a great local beer selection! Must try!

## MARTIN'S BBQ / \$

410 4th Ave S, Nashville, TN 37201  
T: 615.288.0880

H: Mon-Sun: 11am- 10pm  
martinsbbqjoint.com

Big roadhouse-style eatery known for its whole-hog pit-fired BBQ, with chicken, tacos, burgers, and more! Head upstairs for rooftop games, beer, live music, and a huge year round patio area! (Tip: If the line out front is really long, check the line by the order window on the patio to the left of the stage!)

## HUSK / \$\$

37 Rutledge St, Nashville, TN 37210  
T: 615.256.6565

H: Mon-Thur: 5pm-10pm; Fri: 5-1pm ; Sat: 10am-2pm & 5pm-11pm;  
Sun: 10am-2pm, 5pm-10pm  
husknashville.com

Award-winning Chef Sean Brock's renowned restaurant. Regional ingredients cooked on an ember-fired grill create inventive meals in a historic mansion.

## HATTIE B'S / \$

5069 Broadway Pl. #A-103, Nashville, TN  
(Located in Fifth + Broadway)

T: 615.576.8700  
H: Mon-Thur: 11am-10pm, Fri-Sun: 11am-11pm  
hattieb.com

Nashville Hot Chicken restaurant that serves mild to very spicy fried chicken, southern sides, & local brews in a casual, counter-service eatery. (Usually a long line during prime lunch/ dinner hours, but not always, and it's worth the wait!)

## ELIXR COFFEE ROASTERS / \$\$

5045 Broadway Pl, Nashville, TN 37203  
T: 615.248.3339

H: Sun-Thur: 7am-7pm; Fri-Sat: 7am-8pm  
elixrcoffee.com

Elixir is continually engaged in perfecting the sourcing, roasting, preparation, and delivery of the most delicious coffee it can find. Elixir specializes in lighter-roasted unique and exquisite coffees.

# THINGS TO DO / THE ARTS

## TENNESSEE PERFORMING ARTS CENTER

505 Deaderick Street, Nashville, TN 37243  
T: 615.782.4040  
tpac.org

Among its many operations, TPAC presents a series of Broadway shows and special engagements, and administers a comprehensive education program. The performance venues at TPAC are Andrew Jackson Hall (seats 2,472), James K. Polk Theater (seats 1,075), Andrew Johnson Theater (seats 256) and War Memorial Auditorium (seats 1,661— this theater is at the historic landmark located across 6th Avenue).

## SCHERMERHORN SYMPHONY CENTER

1 Symphony Place, Nashville, TN 37201  
T: 615.687.6400  
nashvillesymphony.org

Concert hall and performance venue for local & touring classical, pop, & jazz concerts. The Nashville Symphony has established an international profile with its innovative programming and steadily expanding discography. Founded in 1946, the orchestra is one of Tennessee's largest and longest-running nonprofit performing arts organizations. With 140 performances annually, the Symphony's concert schedule encompasses a diverse mix of music and family programs, along with extensive community outreach efforts.

## COUNTRY MUSIC HALL OF FAME & MUSEUM

222 Rep. John Lewis Way S., Nashville, TN 37203  
T: 615.416.2001  
countrymusichalloffame.org

The Country Music Hall of Fame and Museum is the home of America's music, safeguarding more than 2.5 million priceless artifacts, including countless recordings and photographs, stage costumes, musical instruments, and more.

# THINGS TO DO / BARS & MORE

## ROBERT'S WESTERN WORLD

416 Broadway, Nashville, TN 37203  
H: 11am-3am  
robertswesternworld.com

Robert's Western World is Nashville's undisputed home of traditional country music. Live music is always playing, the grill is sizzling all night long and there is never a cover charge. Sit down, enjoy a cold PBR, a tasty burger, and listen to some of the best country music that Nashville has to offer!

## PINEWOOD SOCIAL

33 Peabody St, Nashville, TN 37210  
H: Mon-Thur: 7am-11pm; Fri: 7am-1am, Sat: 9am-1am;  
Sun: 9am-11pm  
pinewoodsocial.com  
Trendy hangout featuring New American cuisine, craft cocktails & bowling in an industrial-chic space.

## ACME FEED & SEED

101 Broadway, Nashville, TN 37201  
H: Mon-Wed: 4:30-11pm; Thur: 11am-11pm, Fri-Sat: 11am-2am;  
Sun: 11am-11pm  
acmefeedandseed.com  
Multilevel bar/venue with creative cuisine, cocktails, beer, live music, & a rooftop bar with a beautiful view of the river! Acme creates a uniquely 'Nashville' atmosphere that honors the the city's past, present and future.

# HOW TO GET THERE

UBER / under \$10

## FRIST ART MUSEUM

919 Broadway, Nashville, TN 37203  
T: 615.244.3340  
fristartmuseum.org

The Frist Center for the Visual Arts is a nonprofit art-exhibition center, with approximately 24,000 square feet of gallery space, dedicated to presenting the finest visual art from local, state and regional artists, as well as major U.S. and international exhibitions.

## RYMAN AUDITORIUM

116 5th Ave N, Nashville, TN 37219  
T: 615.889.3060  
ryman.com

Historic live music venue known as the "Mother Church of Country Music". The Ryman hosts diverse concerts, as well as daily tours! Take a journey through entertainment history with a daytime tour of the Ryman Auditorium— the most famous former home of the Grand Ole Opry. Be immersed in the Ryman's magical history during the one-of-a-kind "Soul of Nashville" theater experience and enjoy five new exhibits complete with videos hosted by stars including Nicole Kidman, Charles Esten and Trisha Yearwood.

## NATIONAL MUSEUM OF AFRICAN AMERICAN MUSIC

510 Broadway, Nashville, TN 37203  
T: 615.301.8724  
nmaam.org

NMAAM is the only museum dedicated to preserving and celebrating the many music genres created, influenced, and inspired by African Americans. The museum's expertly-curated collections share the story of the American soundtrack by integrating history and interactive technology to bring the musical heroes of the past into the present.

## TENNESSEE BREW WORKS

809 Ewing Ave, Nashville, TN 37203  
H: Mon-Sat: 11am-10pm, Sun: 11am-8pm  
tnbrew.com

An industrial brewery & taproom with oak barrel tables, craft beers brewed on-site, a patio, a craft beer-inspired food menu, & live music.

## BOURBON STREET BLUES & BOOGIE BAR

220 Printers Alley, Nashville, TN 37201  
H: Mon-Thur: 4pm-3am; Fri-Sun: 11am-3am  
bourbonstreetbluesandboogiebar.com

At this New Orleans themed club tucked within Downtown's historic Printers Alley district, live blues and a Cajun-American menu are on tap seven nights a week until 3am. Great service, constant live music, and affordable drinks make Bourbon Street the blues bar to visit in Nashville.

## SKULLS RAINBOW ROOM

222 Printers Alley, Nashville, TN 37201  
H: Mon-Sat: 5pm-2am; Sun: 10am-2pm, 5pm-2am  
Skullsrainbowroom.com

Circa-1948 speakeasy-style lounge offering elevated American cuisine, craft sips & nightly burlesque.

# THINGS TO DO / TOTAL ACCESS PASS

## TOTAL ACCESS PASS INFO

The Music City Total Access Pass lets you put together a unique experience all at a cool discount. Enjoy the freedom—and the savings—then go write your own ticket to entertainment!

For \$119 you get Free admission to **6** attractions! See complete list below:

### **PICK 4 Attractions from the following:**

- Adventure Park at Nashville | Seasonal | Axe Throwing Lane Rental
- Adventure Science Center
- Belle Meade Historic Site + Winery | Mansion Tour or Journey to Jubilee
- Cheekwood Estate & Gardens | Garden Only
- Country Music Hall of Fame and Museum | Museum Admission
- The Escape Game
- Experience Nashville Tours | “Famous Footsteps” Walking Tour
- The Glen Campbell Museum & Rhinestone Stage
- Gray Line Tennessee | One Hour Nashville City Tour
- Hatch Show Print Tour
- Historic RCA Studio B
- Jack Daniel Distillery | Dry County Tour
- Johnny Cash Museum
- Lucky Ladd Farms | Seasonal
- Madame Tussauds
- Music City Brew Hop
- Musicians Hall of Fame and Museum
- Nashville Experience Tours LLC | Nashville Downtown Walking Tour
- Nashville Shores Waterpark | Seasonal
- Nashville Zoo
- National Museum of African American Music
- Old Town Trolley Tour -OR- Soul of Music City Tour
- Patsy Cline Museum
- The Redneck Comedy Bus Tour
- Ryman Auditorium | Self-Guided Tour
- Third Coast Comedy Club Show | General Admission
- Treetop Adventure Park | Seasonal

### **PICK 2 Attractions from the following:**

- Andrew Jackson’s Hermitage: Home of the People’s President | Grounds Tour
- Belmont Mansion | General Admission
- Frist Art Museum
- Historic Mansker’s Station
- Nelson’s Green Brier Distillery | Tasting Experience
- The Parthenon

### **PLUS 6 Exclusive Deals:**

- 25% Off One Item | The Music City Shop
- 20% Off Level 2 Tickets | General Jackson Showboat
- 20% Off Taste of Goo Goo Chocolate Class | Goo Goo Chocolate Co.
- 20% Off Daytime Backstage Tour | Grand Ole Opry
- 20% Off Custom Candle Pouring Experience | Paddywax Candle Bar
- 10% Off Food Tours | Walk Eat Nashville

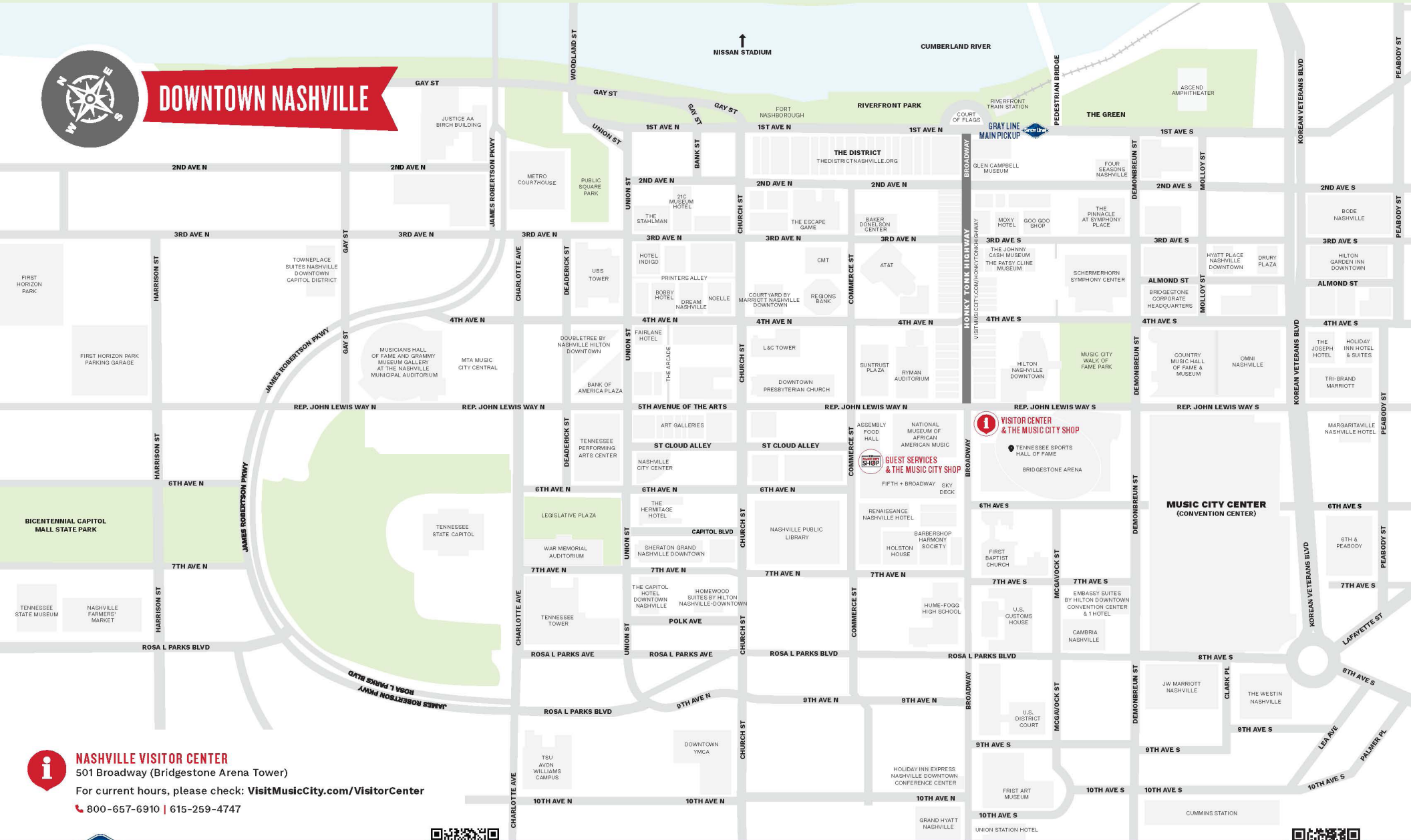
### **To Book, Visit:**

**VISITMUSICCITY.COM//TOTALACCESS**  
**Or call Visitor Services at 800-657-6910**

For additional downtown choices for dining and entertainment, please reference the maps on the following pages.



# DOWNTOWN NASHVILLE



## NASHVILLE VISITOR CENTER

501 Broadway (Bridgestone Arena Tower)

For current hours, please check: [VisitMusicCity.com/VisitorCenter](http://VisitMusicCity.com/VisitorCenter)

800-657-6910 | 615-259-4747



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@VisitMusicCity

SCAN FOR  
DIGITAL MAP







# 12

# SOUTH

One of Nashville's hottest neighborhoods, 12South has emerged as the perfect one-stop destination to live, eat, drink, play, and socialize. Stylish shops, beautifully-restored homes, charming coffee shops, and a wide array of dining options are all within walking distance. You are likely to find a vintage guitar, local craft beer, gourmet popsicle, hand-stitched pair of jeans, and a fabulous meal all in one visit.

# WHERE TO EAT

## JOSEPHINE / \$\$\$

2316 12th Ave S, Nashville, TN 37204

T: 615.292.7766

H: Wed-Thur: 5pm-9pm; Fri: 5pm-10pm; Sat: 10am-3pm & 5pm-10pm; Sun: 10am-3pm & 5pm-9pm

josephineon12th.com

Josephine is a contemporary restaurant featuring American farmhouse cuisine located in the vibrant 12 South neighborhood of Nashville, TN. The restaurant focuses on simple, classically composed recipes accompanied by a small but carefully selected wine list in a soft industrial space that emphasizes a sense of home.

## TAQUERIA DEL SOL / \$

2317 12th Ave S, Nashville, TN 37204

T: 615.499.4293

H: Tues-Thur: 11am-2pm, 5:30pm-9pm; Fri: 11am-2pm, 5:30pm-10pm; Sat: 11am-10pm; Sun: 11am-9pm

taqueriadelsol.com

Local counter-serve restaurant offering from-scratch Mexican and Southwestern dishes in a relaxed space.

## MAFIAOZA'S PIZZERIA & NEIGHBORHOOD PUB / \$\$

2400 12th Ave S, Nashville, TN 37204

T: 615.269.4646

H: Tues-Thur: 4pm-9:30pm; Fri: 4pm-10:30pm Sat: 11am-10:30pm; Sun: 12pm-9:30pm

mafiaozas.com

The popular 1920s New York-style Italian restaurant—known for serving the finest stone-oven pizza in the southeast—offers dishes using fresh, seasonal ingredients, many of which are locally grown and produced by Kentucky's famed Sylvanus Farms.

## EMBER'S SKI LODGE / \$\$

2410 12th Ave S, Nashville, TN 37204

T: 615.866.5652

H: Mon-Wed: 3pm-10pm; Thur: 3pm-11pm; Fri: 3pm-12am; Sat: 12pm-12am; Sun 12pm-10pm

embersskilodge.com

Mountain-inspired hangout that offers cocktails, a big whisky list, and a seasonal from-scratch gastropub menu (inspired by Lars' travels to ski resorts in the Pacific Northwest and around the country).

## 12SOUTH TAPROOM / \$\$

2318 12th Ave S, Nashville, TN 37204

T: 615.463.7552

H: Mon-Thur: 11am-11pm; Fri-Sat: 11am-11:30pm; Sun: 11am-10pm

12southtaproom.com

With an ambiance as eclectic as its patrons, the Taproom serves as an inviting home to all the residents of 12 South and beyond. Their hot and made-to-order culinary delights, distinct and well-crafted libations, and well-informed staff combine to create an experience that is simultaneously novel and intimately familiar.

## BURGER UP / \$\$

2901 12th Ave S, Nashville, TN 37204

T: 615.279.3767

H: 11am-9pm

burger-up.com

Community-driven restaurant serving inventive burgers, featuring locally sourced patties, in a comfortable, rustic setting.

## THE BUTTER MILK RANCH / \$\$

2407 12th Ave S, Nashville, TN 37204

T: 615.465.8300

H: Wed-Sun: 8am-4pm

buttermilkranch.com

The Butter Milk Ranch is the perfect Brunch spot! Their walk-up counter offers everything from croissants and coffee to sandwiches and fresh baked pastries, while the dining room features a chef-driven brunch menu all week long. Check out their croissant breakfast sandwich! It is to die for!

## EDLEY'S BAR-B-QUE / \$\$

2706 12th Ave S, Nashville, TN 37204

T: 615.953.2951

H: Sun-Thur: 11am-9pm; Fri-Sat: 11am-10pm

edleysbbq.com

Unlike other BBQ joints, they do not stop with just the smoked meats. They prepare eight to ten southern style side dishes made from scratch everyday with recipes derived from mothers, grandmothers, nannies and housekeepers. These side dishes coupled with the fresh, smoked meats makes Edley's Bar-B-Que some of the best Bar-B-Que in Nashville.

## URBAN GRUB / \$\$

2506 12th Ave S, Nashville, TN 37204

T: 615.679.9342

H: Tues-Thur: 4pm-12am; Fri: 4pm-1am; Sat: 11am-1am;

Sun: 11am-11pm

urbangrub.net

Urban Grub's menu is a combination of southern traditions with a "flavored up tweak," fresh fish and sea food, fresh shucked oysters, smoked and grilled meats and vegetables, and cantina style hand-helds.

## BARTACO / \$\$

2526 12th Ave S, Nashville, TN 37204

T: 615.269.8226

H: Mon-Thur: 11am-11pm; Fri-Sat: 11am-12am; Sun: 11am-10pm

bartaco.com

Inspired by the beach culture of Punta del Este and Buzios in South America, bartaco brings upscale street food with a coastal vibe in a relaxed environment.

## EPICE / \$\$

2902 12th Ave S, Nashville, TN 37204

T: 615.720.6762

H: Tues-Thur: 11am-8pm; Fri-Sat: 11am-9pm; Sun: 11am-8pm

epicenashville.com

Epice is a neighborhood bistro serving moderately priced, simple and authentic Lebanese foods reflective of Lebanon's flavorful Mediterranean cuisine.

## HATTIE B'S / \$

2222 8th Ave, Nashville, TN 37204 (Downtown location as well)

T: 615.970.3010

H: Mon-Thur: 11am-10pm; Fri-Sat: 11am-11pm; Sun: 11am-4pm

hattieb.com

Nashville Hot Chicken restaurant that serves mild to very spicy fried chicken, southern sides, & local brews in a casual, counter-service eatery.

# COFFEE SHOPS & DESSERT STOPS

## FROTHY MONKEY / \$\$

2509 12th Ave S, Nashville, TN 37204

T: 615.292.1808

H: 7am-8pm

frothymonkey.com

Frothy Monkey is the breakfast through dinner coffeehouse featuring creative folks using local ingredients to prepare original dishes served in a cozy and approachable atmosphere.

## PORTLAND BREW / \$

2605 12th Ave S, Nashville, TN 37204

T: 615.732.2003

H: 7am-5pm

portlandbrewcoffee.net

Serving local coffee, delicious breakfast sandwiches and homemade baked goods 8 days a week.

## JENI'S ICE CREAM / \$\$

2312 12th Ave S, Nashville, TN 37204

T: 615.292.7794

H: Sun-Thur: 12pm-11pm; Fri-Sat: 12pm-12am

jeni.com

Famous ice cream with smooth texture, buttercream body, bright flavor, and clean finish. No artificial colors or flavoring! Simply delicious!!

## FIVE DAUGHTERS BAKERY / \$\$\$

1110 Caruthers Ave, Nashville, TN 37204

T: 615.490.6554

H: Mon-Fri: 7am-10pm; Sat-Sun: 8am-10pm

fivedaughtersbakery.com

This local family-run bakery is known for its 100-layer donuts and classic pastries! Do not leave town without one of these donuts...they are AMAZING!

## CHRISTIE COOKIE CO / \$

2606 12th Ave S, Nashville, TN 37204

T: 615.454.3162

H: 11am-9pm

christiecookies.com

Each of its cookie batches is handcrafted by folks who understand the importance of originality. Christie Cookie has held fast to the integrity of gourmet ingredients, and it never sacrifices quality for shortcuts or artificial substitutes. Its mouthwatering cookies are sure to delight every sweet tooth out there.

# THINGS TO DO / SHOPPING

## DRAPER JAMES

2608 12th Ave S, Nashville, TN 37204

The goal at Draper James is to bring contemporary, yet timeless Southern style to your wardrobe and your home, no matter where you live.

## EMERSON GRACE

2304 12th Ave S, Nashville, TN 37204

A hand-picked collection of current womenswear offered in a cool boutique with a refined vibe.

## MADEWELL

2709 12th Ave S, Nashville, TN 37204

Trendy chain that features stylish apparel, including denim jeans, plus accessories, shoes, and bags.

## HERO

2306 12th Ave S, Nashville, TN 37204

A blend of high-end designer looks with a mixture of merchandise, in a comfortable, eclectic atmosphere.

## JUDITH BRIGHT

2307 12th Ave S, Nashville, TN 37204

Contemporary Handcrafted Designer Jewelry for women of all tastes.

## SERENDIPITY EMPORIUM

2301 12th Ave S, Nashville, TN 37204

Unique & eclectic collection of accessories, locally made & one-of-a-kind sterling jewelry, hand-made sweaters, jeans, gifts, baby, scarves, boots, dresses and more!

## SAVANT VINTAGE COUTURE

2302 12th Ave S, Nashville, TN 37204

A small house turned into a store, Savant Vintage has a beautiful and eclectic collection of men's and women's vintage pieces and is a frequent stop for celebrities and stylists.

## CRUE

2905 12th Ave S, Suite 101, Nashville, TN 37204

This is the premium athleisure destination for stylish babes in movement.

## MODA

2511 12th Ave S, Nashville, TN 37204

MODA, meaning "fashion" in Italian, is Nashville's edgy chic boutique. Located in the trendy 12 South District, the boutique is a hub for designer clothing and jewelry.

## IMOGENE + WILLIE

2601 12th Ave S, Nashville, TN 37204

These Nashville-based purveyors of self-branded jeans and shirts sell their high-quality wares out of a shop that's based in a converted old gas station, and should you be lucky enough to stop by at the right time, you might be able to grab a bite from the taco truck out front or jam out to some live music out back.

## WHITE'S MERCANTILE

2908 12th Ave S, Nashville, TN 37204

White's Mercantile, is a completely curated shop stocked with owner Holly's favorite items that she's found while spending much of her life on the highway playing music to adoring fans.

# HOW TO GET THERE

UBER / around \$10

# *Germantown*

One of Nashville's historic neighborhoods is bringing people closer to town to live and play. Germantown, so named because of the influx of German immigrants in the mid nineteenth-century, was Nashville's first suburb.

# WHERE TO EAT

## EMMY SQUARED / \$\$

1121 5th Ave N, Nashville, TN 37208

T: 615.502.1025

H: Mon-Thur: 12pm-10pm; Fri-Sat: 12pm-12am; Sun: 11am-10pm

[emmysquaredpizza.com](http://emmysquaredpizza.com)

Known for their unique take on American comfort food, Emmy Squared serves up detroit-style pizzas, and delicious appetizers, sandwiches and salads.

Not to mention, boasts Nashville's Battle of the Burger winner: "Le Big Matt"!

## GERMANTOWN CAFÉ / \$\$

1200 5th Ave N, Nashville, TN 37208

T: 615.242.3226

H: Mon-Thur: 11am-9pm; Fri: 11am-10pm; Sat: 9am-3pm &

5pm-10pm; Sun: 9am-3pm

[germantowncafe.com](http://germantowncafe.com)

Germantown Café is known for serving incredible food prepared from a menu of new American-style creations, splendid drinks, desserts, and a skyline view. They have built a reputation not based on any gimmicks, but rather pure quality in dining, service, ambiance.

## MONELL'S / \$\$

1235 6th Ave N, Nashville, TN 37208

T: 615.248.4747

H: Mon: 8am-3pm; Tues-Sat: 8am-3pm & 5pm-8:30pm;

Sun: 8am-4pm

[monellstn.com](http://monellstn.com)

Monells offers great Southern food served family style in a historic setting. Skillet-fried chicken, green beans, cheese grits, cornbread, biscuits and gravy, pork chops, pot roast; menu changes daily.

## THE OPTIMIST / \$\$\$

1400 Adams St, Nashville, TN 37208

T: 615.709.3156

H: Tue-Thur: 5pm-9pm; Fri-Sat: 5pm-10pm

[theoptimistrestaurant.com](http://theoptimistrestaurant.com)

Cool, brick-lined eatery for oysters, seafood & meat plates, plus cocktails & a robust wine list. Offers spacious dining rooms, a breezy patio oasis, and an elegant upstairs bar.

## CITY HOUSE / \$\$

1222 4th Ave N, Nashville, TN 37208

T: 615.736.5838

H: Mon-Sat: 5pm-10pm; Sun: 5pm-9pm

[cityhousenashville.com](http://cityhousenashville.com)

City House serves Italian menu items with a Southern flair. Menu includes pizza, pasta, and homemade sausage, served in a quaint and cozy atmosphere.

## ROLF AND DAUGHTERS / \$\$\$

700 Taylor Street, Nashville, TN 37208

T: 615.866.9897

H: Tue-Sun: 5pm-10pm

[rolfanddaughters.com](http://rolfanddaughters.com)

The kitchen staff takes pride in sourcing locally raised meats and Tennessee produce, but the handmade pasta is what really keeps a line snaking out the door. The rustic décor matches the menu at Rolf and Daughters, which keeps dinner simple with just a few ingredients in each dish.

## 312 PIZZA CO / \$\$

371 Monroe Street, Nashville, TN 37208

T: 615.730.7888

H: Sun-Thur: 11am-9pm; Fri-Sat: 11am-10pm

[312pizzaco.com](http://312pizzaco.com)

As Chicago natives, the staff takes pride in bringing you authentic Chicago deep dish pizza and other specialties from the Windy City. 312 Pizza sauce recipe has been passed down over three generations from the owner's grandmother, who cooked with the Italian immigrants in Little Italy.

## JACK BROWNS BEER & BURGER JOINT / \$

1123 3rd Ave N, Nashville, TN 37208

T: 615.818.0318

H: 11am-2am

[jackbrownsjoint.com](http://jackbrownsjoint.com)

Jack Brown's burgers are 100% all natural Wagyu beef. Don't ask for lettuce and tomato; its burgers are prepared simple and basic. The specials are a creative twist on an American classic.

## 5TH & TAYLOR / \$\$\$

1411 5th Ave N, Nashville, TN 37208

T: 615.242.4747

H: Sun-Thur: 5pm-8:30pm; Fri-Sat: 4:45pm-9:45pm

[5thandtaylor.com](http://5thandtaylor.com)

Refined, high quality American fare served in rustic-industrial surrounds with a tree-lined patio.

## BUTCHERTOWN HALL / \$\$

1416 4th Ave N, Nashville, TN 37208

T: 615.454.3634

H: Mon-Thur: 3pm-9pm; Fri: 11am-10pm; Sat: 10am-10pm;

Sun: 10am-9pm

[butchertownhall.com](http://butchertownhall.com)

As Germantown's "neighborhood joint," we offer our guests warm hospitality in a gorgeous setting. We cook food with soul, utilizing primitive wood-fired cooking techniques for sandwiches, brisket and handmade sausage by the pound, Tex-Mex favorites, and much more.

## THE CUPCAKE COLLECTION / \$

1213 6th Ave N, Nashville, TN 37208

T: 615.244.2900

H: Mon-Fri: 9:30am-3:30pm; Sun: 11am-3:30pm

[thecupcakecollection.com](http://thecupcakecollection.com)

Specialty cupcakes in a variety of creative flavors are the draw at this local, cheerful bakeshop.

## RED BICYCLE COFFEE AND CREPES / \$\$

1200 5th Ave N, Nashville, TN 37208

T: 615.516.1986

H: Mon-Fri: 6:30am-3pm; Sat-Sun: 7:30am-3pm

[redbicyclecoffee.com](http://redbicyclecoffee.com)

Laid-back, counter-serve crêperie & espresso bar with gluten-free & vegetarian options!

## GERMANTOWN PUB / \$\$

708 Monroe Street, Nashville, TN 37208

T: 615.457.2145

H: Sat-Thur: 11am-10pm; Fri-Sat: 11am-12am

[germantownpub.com](http://germantownpub.com)

Unpretentious neighborhood bar providing American pub fare, tap brews & cocktails, plus TVs & a patio. Try the trifecta wings! (not on the menu)

## VON ELROD'S / \$\$

1004 4th Ave N, Nashville, TN 37219

T: 615.866.1620

H: Tue-Wed: 11am-11pm; Thur: 11am-12am; Fri-Sat: 10am-12am;

Sun: 10am-10pm

[vonelrods.com](http://vonelrods.com)

Sprawling beer garden serving house made sausages & pub grub in industrial surrounds. Fresh herbs, bold flavors, and live-fire cooking truly make their sausages stand out. Pair that with a 1L stein of world-class beer from 36 taps, and you will experience the pure joy of beer and sausage Von Elrod's is known for.

## GEIST BAR + RESTAURANT / \$\$\$

311 Jefferson St, Nashville, TN 37208

T: 615.920.5440

H: Mon-Thur: 5pm-10pm; Fri-Sat: 5pm-10:30pm;

Sun: 10am-2:30pm brunch & 5pm-10pm dinner

[geistnashville.com](http://geistnashville.com)

This stylish, brick-clad eatery and bar offers American fare plus cocktails, wine, and a champagne garden.

## HENRIETTA RED / \$\$\$

1200 4th Ave N, Nashville, TN 37208

T: 615.490.8042

H: Tue-Fri: 5pm-10pm; Sat: 10am-2pm brunch & 5pm-10pm dinner;

Sun: 10am-2pm brunch & 5pm-9pm dinner

[henriettared.com](http://henriettared.com)

Airy, chic spot for oysters from the raw bar, elevated seafood, small plates, and weekend brunch! Plus they have a separate bar for cocktails!

# THINGS TO DO

## LOCAL TASTES OF NASHVILLE TOUR

[localtastesofnashville.com](http://localtastesofnashville.com)

This tour starts at the Farmers Market where you will have your first restaurant tasting. We then walk through the Bicentennial Capitol Mall Park which is an outdoor museum of history, geography and civics. You will also see the carillon of bells where you can dance or sing if you would like! We then walk on brick sidewalks through historic Germantown, the first Nashville neighborhood, which is in the peak of redevelopment. We will eat at five to six popular and delicious restaurants and specialty shops, as well as stop for a "taste" of history along the way! You will be full and more than satisfied by the end of the tour!

## BICENTENNIAL CAPITOL MALL STATE PARK

[tnstateparks.com/parks/contact/bicentennial-mall](http://tnstateparks.com/parks/contact/bicentennial-mall)

With just a simple walk in the 19-acre park, visitors can experience many facets of Tennessee's history including a 200-foot granite map of the state, a World War II Memorial, a 95-Bell Carillon, a Pathway of History and the Rivers of Tennessee Fountains. The 11 planters along the Walkway of Counties show native plant species from different regions of the state. The two page park map is a helpful and informative tool for those wishing to take a self-guided tour of the park.

## NASHVILLE SOUNDS

[nashvillesounds.com](http://nashvillesounds.com)

The Nashville Sounds are a minor league baseball team of the Pacific Coast League (PCL) and the Triple-A affiliate of the Oakland Athletics. They are located in Nashville, Tennessee, and are named for the city's association with the music industry. The team plays its home games at First Tennessee Park which opened in 2015 and is partially located on the former site of the historic Sulphur Dell ballpark.

## NASHVILLE FARMERS' MARKET

[nashvillefarmersmarket.org](http://nashvillefarmersmarket.org)

The Nashville Farmers Market (NFM) is home to farmers, artisans, restaurateurs, shop-owners, crafters, flea merchants, special events and more throughout the year.

# HOW TO GET THERE

UBER / under \$10

# the Gulch

The Gulch is located a little bit south of Downtown Nashville and has an upscale, trendy vibe. The Gulch is extremely walkable because it's located between several different areas. You can walk to shops and restaurants in the Gulch as well as other areas such as Downtown Nashville, Demonbreun, and Midtown.

# WHERE TO EAT

## OTAKU RAMEN / \$\$

1104 Division St, Nashville, TN 37203  
T: 615.942.8281  
H: Mon-Sun: 12pm-9pm  
otakuramen.com

Hip, local joint offering traditional ramen and Japanese snacks made with locally sourced ingredients.

## THE 404 KITCHEN / \$\$\$

507 12th Ave S, Nashville, TN 37203  
T: 615.251.1404  
H: Sun-Thur: 5pm-9pm; Fri-Sat: 5pm-10pm  
the404nashville.com

Housed in a former shipping container in the Gulch neighborhood of Nashville, The 404 Kitchen offers a modern take on classic European cuisine, with an emphasis on local, seasonal fare.

## ADELE'S / \$\$

1210 McGavock St, Nashville, TN 37203  
T: 615.988.9700  
H: Mon-Thur: 5pm-9pm; Fri: 5pm-10pm; Sat: 10am-2pm & 5pm-10pm; Sun: 10am-2pm, 5pm-9pm  
adelesnashville.com

Farm-to-fork restaurant with a cool vibe offering New American dishes, cocktails & patio seating. Housed in the old Universal Tire Center, Adele's features a large wood burning oven and old fashioned charcoal grill.

## BISCUIT LOVE / \$

316 11th Ave S, Nashville, TN 37203  
T: 615.490.9584  
H: Mon-Sun: 7am-3pm  
biscuitlove.com

Southern biscuits, breakfast and lunch served daily in the heart of Nashville, TN. Home of Bon Appetit's 'Best Sandwich in America'.

## KAYNE PRIME / \$\$\$\$

1103 McGavock St, Nashville, TN 37216  
T: 615.259.0050  
H: Sun-Thur: 5pm-10pm; Fri-Sat 4:30pm-11:00pm  
mstreetnashville.com/kayne-prime

Kayne Prime is the artful fusion of a chef-chic boutique restaurant, with the great American steakhouse. Progressive in every sense – cuisine, wine & mixology, stylish design—Kayne Prime is the modern evolution of the classic upscale steakhouse. Market-driven, farm-to-table creations, sophisticated cocktails, an exceptional wine list, & award-winning steaks.

## GUMBO BROS / \$

505 12th Ave S, Nashville, TN 37203  
T: 615.679.9063  
H: Mon-Thur: 11am-9pm; Fri-Sun: 11am-10pm  
thegumbobros.com

Gumbo Bros serves authentic Cajun fare like Po Boys, Catfish, and of course Gumbo—all made from scratch!

## LUOGO / \$\$

211 12th Ave S, Nashville, TN 37203  
T: 615.988.8200  
H: Tues-Wed: 5pm-9pm; Thur: 4pm-9pm; Fri: 4pm-10pm; Sat: 4pm-10pm; Sun: 4pm-8pm  
luogorestaurant.com  
Meaning "place" in Italian, this upscale Italian restaurant offers authentic dishes with a focus on Mediterranean-coastal cuisine.

## PARTY FOWL / \$\$

719 8th Ave S, Nashville, TN 37203  
T: 615.624.8255  
H: Mon-Thur: 11am-10pm; Fri: 10m-10pm; Sat-Sun: 9am-10pm  
partyfowlnashville.com

Specializing in Nashville hot chicken, local beer, and boozy slushies, Party Fowl offers diners a one-of-a-kind experience. The menu includes a number of hot chicken dishes with heat levels ranging from mild to "Poultrygeist," as well as creative spins on the classics. Party Fowl offers more than 20 local beers on draft, wall-to-wall large-screen TVs, and great brunch!

## PEG LEG PORKER / \$\$

903 Gleaves St, Nashville, TN 37203  
T: 615.829.6023  
H: Mon-Tues: 11am-9pm; Wed-Sat: 11am-10pm  
peglegporker.com

This casual BBQ joint offers award-winning BBQ sauces and rubs for its meats smoked fresh daily. Delicious sides are made from scratch, and all breads and desserts are sourced from local bakeries. Pair your BBQ with a taste of Peg Leg Porker Straight Tennessee Bourbon!

## POTBELLY SANDWICH SHOP / \$

410 4th Ave S, Nashville, TN 37201  
T: 615.454.6001  
H: Mon-Fri: 11am-7pm; Sat-Sun: 11am-6pm  
potbelly.com

This retro-style counter-serve chain is known for made to-order toasted sandwiches, salads, and baked goods.

## SAINT ANEJO / \$\$

1120 McGavock St, Nashville, TN 37203  
T: 615.736.5301  
H: Mon-Thur: 11am-10pm; Fri: 11am-11pm; Sat: 10am-11pm; Sun: 10am-10pm  
mstreetnashville.com/saint-anejo

Saint Añejo is M Street's premiere Mexican restaurant, featuring inspired Mexican cuisine, Latin mixology, and a premium tequila and mezcal menu of over 120 labels. The menu showcases creative tacos, house made guacamole, and regionally-influenced Chef specialties. Saint Añejo's cocktail list features craft margaritas and Latin mixology classics, constructed with premium spirits, fresh, exotic produce and botanicals, and unique combinations of nectars and spices.

## VIRAGO / \$\$\$

1120 McGavock St, Nashville, TN 37203  
T: 615.254.1902  
H: Sun-Thur: 5pm-10pm; Fri-Sat: 5pm-11pm  
mstreetnashville.com/virago

Hip hangout for Asian fusion fare, sushi & cocktails, with chic, modern decor & a roof deck

## MOTO / \$\$\$

1120 McGavock St, Nashville, TN 37203  
T: 615.736.5305  
H: Sun-Thur: 5pm-10pm; Fri-Sat: 5pm-11pm  
mstreetnashville.com/moto

Moto features inspired rustic-modern Italian cuisine. The menu is a contemporary approach to authentic Italian cooking that utilizes product consciously sourced from local farms and artisans balanced by premium product imported from Italy. Moto's headliners are seasonal 'market' items and perfectly crafted house-made pasta dishes.



# COFFEE SHOPS

## BARISTA PARLOR GOLDEN SOUND

610 Magazine St, Nashville, TN 37203

T: 615.227.4782

H: Daily: 7am-6pm

baristaparlor.com

Located in the Gulch on Magazine Street, Golden Sound, previously a thriving recording studio, has been transformed into a full roasting room and coffee bar. An extension of Barista Parlor that again showcases local artists and an inspiring aesthetic.

## KILLEBREW COFFEE

401 11th Ave S, Nashville, TN 37203

T: 615.262.6001

H: Daily: 6:30am-3pm

killcoffee.com

This stylish coffee shop for light bites and on-the-go eats is located in the chic Thompson Nashville hotel.

# THINGS TO DO / BREWERIES & MORE

## YEE-HAW BREWING COMPANY

423 6th Ave S, Nashville, TN 37203

T: 615.647.8272

yeehawbrewing.com

Yee-Haw Brewing's Nashville taproom, otherwise known as 6th and Peabody, shares a 30,000 square foot campus with Ole Smoky Moonshine and White Duck Taco Shop. With two large screen TVs, two stages, a beer garden, and a brewery and distillery on site, this is their largest property. They have hosted local artists and touring bands, successful fundraising events, and epic watch parties... it's a space meant for good times by design!

## JACKALOPE BREWING COMPANY

439B Houston St, Nashville, TN 37203

T: 615.873.4313

jackalopebrew.com

Tour the brewery! Taste some beer! Have some fun! Tours are an hour-long and include a pint glass, tasting of year-round brews, and a tour of the brewery. Tours are offered every Sat at 2:00, 3:00, and 4:00pm.

## HOPS & CRAFTS

319 12th Ave S, Nashville, TN 37203

T: 615.678.8631

hopscrafts.com

Hops + Crafts was opened on July 4, 2013 featuring 36 rotating taps of local and regional craft beer selections. Along with pint sales, Hops + Crafts offers growler fills and an assortment of shareable snacks.

## THE STATION INN

402 12th Avenue South, Nashville TN 37203,

T: 615.255.3307

stationinn.com

One of Nashville's oldest and most famous music venues! Seats are first-come, first-served at this iconic and intimate venue, where live bluegrass plays every night. Cold beer, hot pickin', and friends you won't meet until you get here. Be sure to say hi when you stop by!

## PHOTOWALK NASHVILLE

226 11th Avenue South, Nashville TN 37203,

T: 615.924.8997

photowalknashville.com

They're here to take your best pics EVER in Nashville! Live your BEST life as your host & photographer takes you to the most insta-worthy spots in Nashville! They're your local Nashville insiders, ready to show you around and guide you on a professional photoshoot of you and your crew! Leave Nashville with tons of high quality, professional photos to remember your trip!

# HOW TO GET THERE

UBER / under \$10